

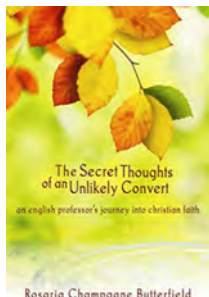


RECOMMENDED RESOURCES 2022

True Freedom Trust is a UK-based teaching and pastoral support ministry holding to the orthodox biblical view of sex, gender and relationships. Our desire is to be full of grace and truth as we teach God's word in churches, conferences and Bible colleges, and as we provide pastoral care for those who struggle with same-sex temptations and gender dysphoria.

We run regular conferences aimed at encouraging and equipping Christians to hold firm to biblical teaching and to trust in the God of all grace in the midst of struggles and temptations.

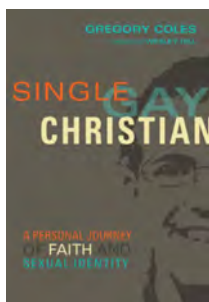
PERSONAL STORIES



The Secret Thoughts of an Unlikely Convert: An English professor's journey into Christian faith

Rosaria Champagne-Butterfield

Read the story of what Rosaria calls the 'train-wreck at the hand of the supernatural.'



Single, Gay, Christian: A personal journey of faith and sexual identity

Gregory Coles

This autobiography is a deeply personal and honest picture of a man who wants to live for and find fulfilment in Christ, read, understand and obey Scripture, seek his calling in the church and pursue a life of celibacy by taking up his cross.



Washed and Waiting: Reflections on Christian Faithfulness and Homosexuality

Wesley Hill

Wesley Hill offers a theological memoir on temptation, loneliness and the future hope of healing for gay men and women who want to be faithful to Christ.

Born Again This Way: Coming out, coming to faith and what comes next

Rachel Gilson

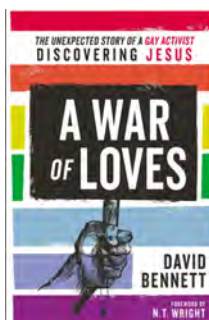
Rachel interweaves each chapter with the expounding of different Scriptures, including the relevant subject matter, life stories and experiences. The unexpectedness of each chapter is refreshing to read.



A War of Loves: The unexpected story of a gay activist discovering Jesus

David Bennett

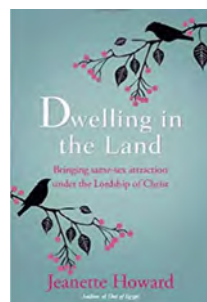
Before he became a Christian, David Bennett wrestled with the question, "How can being gay and Christian be reconciled?" Yet David came to realise that Jesus really cared and loved people - all people! However he might resist it, the seed of the Christian faith was being sown. Jesus didn't give up on him.

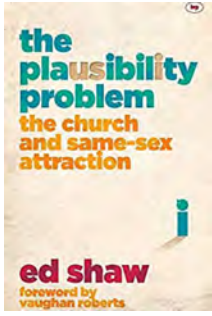


Dwelling in the Land: Bringing same-sex attraction under the Lordship of Christ

Jeanette Howard

Jeanette believes that homosexuality is not part of God's plan for His world, and has chosen to remain celibate despite experiencing same-sex attraction. She has come to believe that to identify herself as 'gay' does not do justice to what God has been doing in her life.





The Plausibility Problem: The Church and same-sex attraction

Ed Shaw

Is the Bible realistic when it talks about homosexuality? Shaw shows that the

Bible's teaching seems unreasonable, not because of its difficulties, but because of missteps that the church has taken in its understanding of the Christian life.

A Change of Affection: A gay man's incredible story of redemption

Becket Cook

The first half of the book tells of how a successful Hollywood set designer, whose identity was deeply rooted in his homosexuality, came to be utterly transformed by the power of the gospel. In the second half Cook addresses many practical aspects of living with same-sex attraction, including advice for pastors, families etc



FRIENDSHIP



Friendish

Kelly Needham

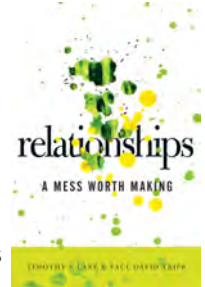
In this book, Kelly Needham deconstructs what the Bible says about the gift of friendship and, in doing so, exposes the distortion of idolatry, dependency and instability of many unhealthy friendships. If you

are wrapped up in the BFF culture, struggling with boundaries and putting friends in the place of Jesus, then this book is essential reading.

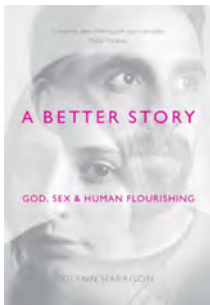
Relationships: A mess worth making

Timothy S. Lane & Paul David Tripp

This very practical book gets to the heart of our problems in relationships and helps us take a godly approach rather than shutting down. It helps us see deeper issues that drive our reactions. This isn't a simplistic manual on relationships. Rather it is a book focused on Christ and redeeming broken relationships.



ENGAGING CULTURE AND OUTREACH



A Better Story: God, Sex & Human Flourishing

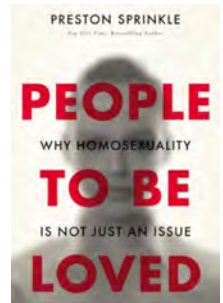
Glynn Harrison

A discussion about where our sexuality is designed to lead us and where all our longings can find ultimate fulfilment.

People To Be loved

Preston Sprinkle

A book filled with pastoral warmth, a sensitive tone and top-level scholarship for a general and popular audience.



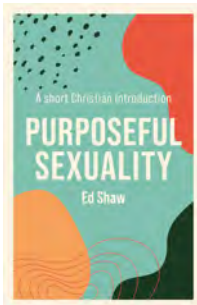
BIBLICAL TEACHING



Is God Anti-Gay? And other questions about homosexuality, the Bible and same-sex attraction

Sam Allberry

This short, readable book offers a positive and liberating way forward. It explains clearly and simply what we can say with certainty from the Bible about marriage, sexuality and same-sex attraction.



Purposeful Sexuality

Ed Shaw

What is your sexuality for? Ed Shaw explores the Bible's deepest answers to this question in ways that will help everyone to appreciate and enjoy God's purposeful gift of sexuality - whatever their sexual orientation might be.



Openness Unhindered: Further Thoughts of an Unlikely Convert

Rosaria Champagne Butterfield

Dr Butterfield not only goes to great lengths to clarify some of today's key controversies, she also traces their history and defines the terms that have become second nature today. She goes back to God's original design for marriage and sexuality as found in the Bible.

What does the Bible really teach about homosexuality?

Kevin DeYoung

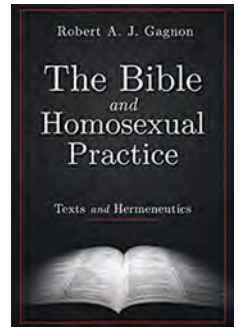
Massive shifts in public opinion have radically reshaped society's views on homosexuality. DeYoung challenges the sceptic, the seeker, the certain and the confused to take a look at God's word. In examining key passages in the Bible he offers readers an indispensable resource for thinking through one of the most pressing issues of our day.



The Bible and Homosexual Practice: Texts and Hermeneutics

Robert Gagnon

A thorough and scholarly analysis of the biblical texts relating to homosexuality.



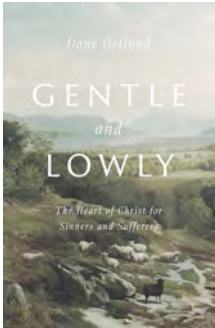
Why does God care who I sleep with?

Sam Allberry

A short book explaining God's boundaries for sexual morality. In a culture increasingly at odds with the Bible's teaching, we need more than just to know what the Bible's rules are, but be aligned with God's heart on this matter.



CHRISTIAN GROWTH



Gentle and Lowly

Dane Ortlund

This profound book is a study on the heart of Christ towards His people taken from Matthew 11:28-30. Drawing from puritan writings, we learn how to rest in His affections and comfort

when we are hurting and disappointed.

Chasing Contentment: Trusting God in a Discontented Age

Erik Raymond

This insightful and thought-provoking book is apt for our spiritually hungry age where both Christians and non-Christians are easily caught out by searching for contentment in the wrong places.



The Fight of Your Life: Facing & Resisting Temptation

John Stevens

A thorough, in-depth consideration of temptation - both Theological - and practical and with plenty

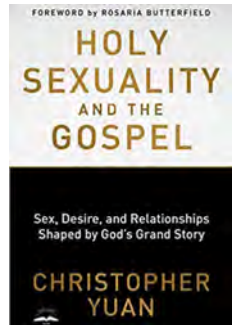
of references to sexuality and especially same-sex attraction.



Holy Sexuality and The Gospel

Christopher Yuan

A fascinating account of how our goal should be holy sexuality rather than 'heterosexuality' or 'sexual healing'. More theological than practical, but excellent and very readable.

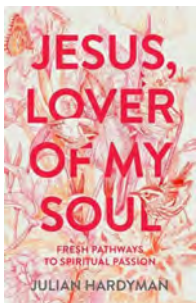


Jesus: Lover of my Soul

Julian Hardyman

This explanation of the Bible book "Song of Songs" shows that Jesus the Lover looks upon us and then desires and loves us. This is a tonic for the Christian who feels unlovable. It also shows that using

pornography is really acting like an unfaithful lover towards Jesus.



Invest Your Disappointments: Going for Growth

Paul Mallard

Throughout this book, Paul Mallard compels us to face up to life in this fallen world with all its disappointments, but doesn't leave us there. He directs us to the treasure trove of God's grace and shows us how God comforts and restores us.



PORN & TECH

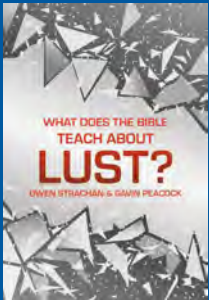


The Porn Myth: Exposing the Reality behind the Fantasy of Pornography

Matt Fradd

The Porn Myth is a non-religious response to pro-pornography

arguments. This book addresses the neurological reasons porn is addictive, helps individuals learn how to be free of porn and offers real help to parents and the spouses of porn users.



What Does the Bible Teach about Lust?

*Owen Strachan and
Gavin Peacock*

The problem is not simply our actions but our sinful desires. This book is biblically

based and gives hope in Christ who is more powerful than any lustful desire or temptation.



Covenant Eyes

www.covenanteyes.com

Covenant Eyes is a subscription service, developed to help Christians combat the temptation to watch pornography online.

The software monitors online activity, blocks unsuitable websites and sends reports to a trusted accountability partner.

SINGLENES

Seven Myths about Singleness

Sam Allberry



A read that highlights singleness as an exciting alternative to marriage.

Singleness opens up doors to love God and love people more. Those who are single are assured that they are not alone – Jesus has already walked this path and the gospel is good news for everyone whether single or married.

Redeeming Singleness: How the storyline of Scripture affirms the single life

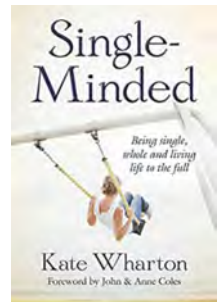
Barry Danylak



In this academic book, Barry Danylak takes the reader through the progression of singleness across the whole Bible.

Single-Minded: Being single, whole and living life to the full

Kate Wharton



Kate considers the challenges facing singles, addressing the issues of being complete without an “other half”, staying pure... and dealing with pressures from both church and society.

PARENTS



Irreversible damage

Abigail Shrier

A fascinating review of the current wave of adolescent girls in America suddenly identifying as non-binary and quickly progressing to trans.

It is a secular book, but objective, sensible and balanced, broadly expressing a 'Side B' view; an extremely useful read for parents affected by what is also now a major issue in the UK.

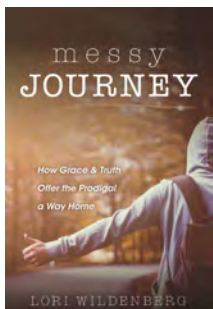


Space at the Table: Conversations between an Evangelical Theologian and his gay son

Brad and Drew Harper

Writing to each other with compassion, grit and humour Brad and Drew

take us on their journey as parent and child, sharing both their struggles and their victories.



Messy Journey: How Grace and Truth offer the Prodigal a way home

Lori Wildenberg

A book for parents with children who have taken what the book calls an 'Unexpected detour'.

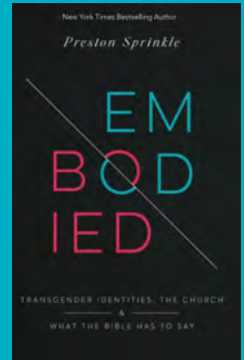
The focus of the book is on the author's relationship with her adopted daughter, Courtney, who struggles with gender identity and same-sex attraction.

GENDER

Embodied

Preston Sprinkle

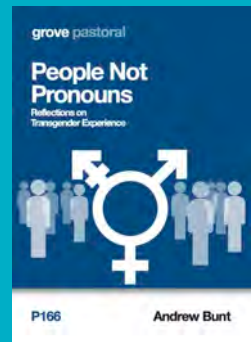
A very clear, straightforward explanation of the trans issue and how those in the LGBTQ movement are seeking wholeness, happiness and acceptance in the wrong places.



People not Pronouns

Andrew Bunt

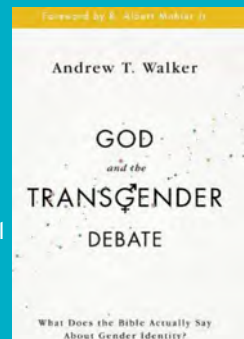
This short book gives an overview and a starting point for constructive discussion as we seek to live in a world with different values, and love, serve and relate to transgender people.



God and the Transgender Debate

Andrew T Walker

A warm and pastoral book on the issue of transgender, with helpful principles for reaching out to those facing conflicts regarding their gender.



ADDITIONAL RESOURCES

Think Theology

Blog (www.thinktheology.co.uk/blog)

Think started as a blog within the New Frontiers movement, but now is wider than that. Look out particularly for articles on same-sex attraction and transgender by Andrew Wilson or Andrew Bunt and articles on singleness by Jennie Pollock.

Psephizo

Blog (www.psephizo.com)

Ian Paul's aim for his blog is to "post my own, original research, observations and reflections, often relating to study, teaching or ministry I am engaged in". He often writes on the topic of same-sex attraction and the church as a community in a stimulating and thought provoking way.

A New Name

Blog (www.emmascrivener.net/category/blog)

Emma's blog focuses on our identity in Christ, with posts on addiction, singleness and negotiating daily living. She also features guest writers who bring a biblical perspective on subjects such as loneliness and family.



Ascend Higher Podcast

Podcast (www.truefreedomtrust.co.uk/podcasts)

Articles in the Ascend magazine often need to be ruthlessly edited to fit within the required word count. To give space to discuss certain articles in greater depth, the TFT staff team record the Ascend Higher podcast, covering the issues raised in a more conversational style.

Living Out Podcast

Podcast (www.livingout.org)

Listen to Ed and Anne interviewing a range of prominent Christians on matters to do with living godly lives while experiencing same-sex feelings.

Theology in the raw

Podcast (www.prestonsprinkle.com/theology-in-the-raw)

Hosted by Preston Sprinkle, President of The Center for Faith, Sexuality and Gender in the US, this podcast takes a relaxed look at various theological issues, Christian ethics and current affairs. It frequently features thought-provoking episodes about sexuality and gender and includes guests from the US, UK and beyond.



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