

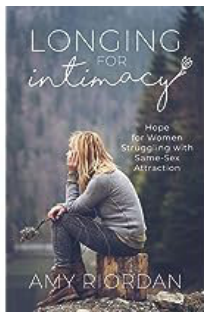


RECOMMENDED RESOURCES 2024

True Freedom Trust is a UK-based teaching and pastoral support ministry holding to the orthodox biblical view of sex, gender and relationships. Our desire is to be full of grace and truth as we teach God's word in churches, conferences and Bible colleges, and as we provide pastoral care for those who struggle with same-sex temptations and gender dysphoria.

We run regular conferences aimed at encouraging and equipping Christians to hold firm to biblical teaching and to trust in the God of all grace in the midst of struggles and temptations.

PERSONAL STORIES



Longing for intimacy: Hope for women struggling with Same-Sex attraction

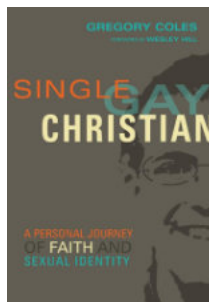
Amy Riordan

This is the story of Amy who struggles with same-sex attraction and how she discovered intimacy with Jesus to satisfy the deep longings of her heart.

Born Again This Way: Coming out, coming to faith and what comes next

Rachel Gilson

Rachel interweaves each chapter with the expounding of different Scriptures, including the relevant subject matter, life stories and experiences. The unexpectedness of each chapter is refreshing to read.



Single, Gay, Christian: A personal journey of faith and sexual identity

Gregory Coles

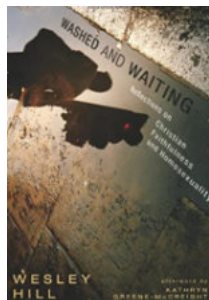
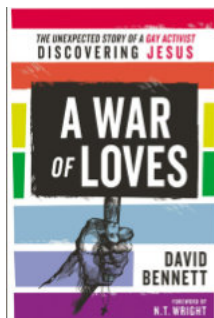
This autobiography is a deeply personal and honest picture of a man who wants to live for and find fulfilment in Christ, read, understand

and obey Scripture, seek his calling in the church and pursue a life of celibacy by taking up his cross.

A War of Loves: The unexpected story of a gay activist discovering Jesus

David Bennett

Before he became a Christian, David Bennett wrestled with the question, "How can being gay and Christian be reconciled?" Yet David came to realise that Jesus really cared and loved people - all people! However he might resist it, the seed of the Christian faith was being sown. Jesus didn't give up on him.



Washed and Waiting: Reflections on Christian Faithfulness and Homosexuality

Wesley Hill

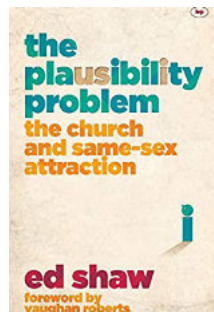
Wesley Hill offers a theological memoir on temptation, loneliness and the future hope

of healing for gay men and women who want to be faithful to Christ.

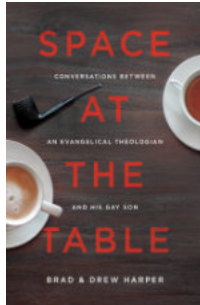
The Plausibility Problem: The Church and same-sex attraction

Ed Shaw

Is the Bible realistic when it talks about homosexuality? Shaw shows that the Bible's teaching seems unreasonable, not because of its difficulties, but because of missteps that the church has taken in its understanding of the Christian life.



PARENTS



Space at the Table: Conversations between an Evangelical Theologian and his gay son

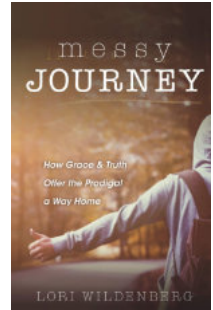
Brad and Drew Harper

Writing to each other with compassion, grit and humour Brad and Drew take us on their journey as parent and child, sharing both their struggles and their victories.

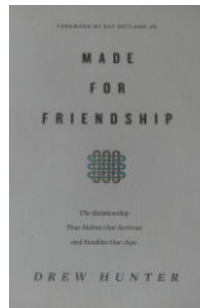
Messy Journey: How Grace and Truth offer the Prodigal a way home

Lori Wildenberg

A book for parents with children who have taken what the book calls an 'unexpected detour'. The focus of the book is on the author's relationship with her adopted daughter, Courtney, who struggles with gender identity and same-sex attraction.



FRIENDSHIP



Made for Friendship

Drew Hunter

"It is not good for man to be alone". This book helps unpack the necessity of friendship for human flourishing and provides practical wisdom on how we can cultivate deep friendships.

Relationships: A mess worth making

Timothy S. Lane & Paul David Tripp

This very practical book gets to the heart of our problems in relationships and helps us take a godly approach rather than shutting down. It helps us see deeper issues that drive our reactions. This isn't a simplistic manual on relationships. Rather it is a book focused on Christ and redeeming broken relationships.



ENGAGING CULTURE AND OUTREACH



A Better Story: God, Sex & Human Flourishing

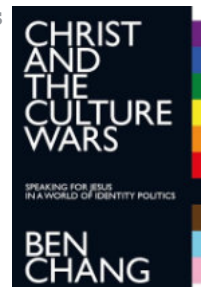
Glynn Harrison

A discussion about where our sexuality is designed to lead us and where all our longings can find ultimate fulfilment.

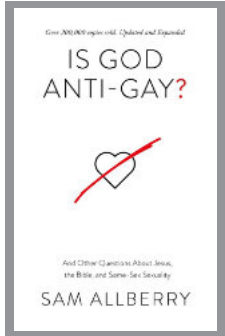
Christ and the Culture Wars

Ben Chang

Chang provides a brief and innocuous history of four social justice movements, including gay pride and trans rights, before considering what a helpful Christian response does (and doesn't) look like.



BIBLICAL TEACHING



Is God anti-gay? And other questions about homosexuality, the Bible and same-sex attraction 2nd edition

Sam Allberry

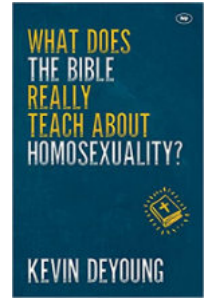
This short, readable book offers a positive and liberating way forward. It explains clearly and simply what we can say with certainty

from the Bible about marriage, sexuality and same-sex attraction.

What does the Bible really teach about homosexuality?

Kevin DeYoung

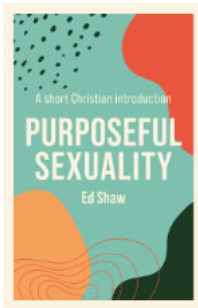
Massive shifts in public opinion have radically reshaped society's views on homosexuality. DeYoung challenges the sceptic, the seeker, the certain and the confused to take a look at God's word. In examining key passages in the Bible, he offers readers an indispensable resource for thinking through one of the most pressing issues of our day.



Purposeful Sexuality

Ed Shaw

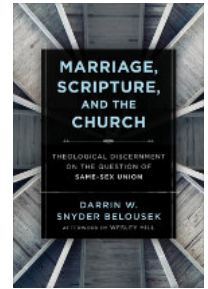
What is your sexuality for? Ed Shaw explores the Bible's deepest answers to this question in ways that will help everyone to appreciate and enjoy God's purposeful gift of sexuality – whatever their sexual orientation might be.



Marriage, Scripture and the Church: Theological discernment on the question of same-sex union

Darrin Belousek

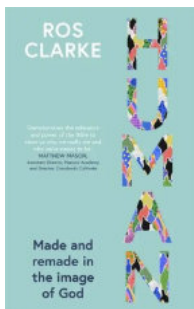
A scholarly book that asks whether the church should sanction same-sex marriage. Belousek examines a number of revisionist arguments and offers well researched responses to them.



Human: made and remade in the image of God

Ros Clarke

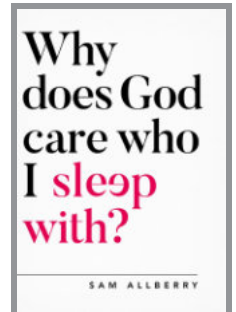
This book considers what it means to be human. Ros discusses foundational principles and their implications on sexuality, gender, and identity before referring to Christ as the perfect human.



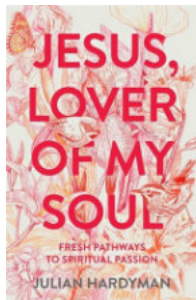
Why does God care who I sleep with?

Sam Allberry

A short book explaining God's boundaries for sexual morality. In a culture increasingly at odds with the Bible's teaching, we need more than just to know what the Bible's rules are, but be aligned with God's heart on this matter.



CHRISTIAN GROWTH



Jesus: Lover of my Soul

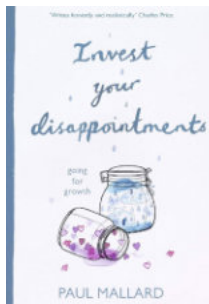
Julian Hardyman

This explanation of the Bible book "Song of Songs" shows that Jesus the Lover looks upon us and then desires and loves us. This is a tonic for the Christian who feels unlovable. It also shows that using pornography is really acting like an unfaithful lover towards Jesus.

Chasing Contentment: Trusting God in a Discontented Age

Erik Raymond

This insightful and thought-provoking book is apt for our spiritually hungry age where both Christians and non-Christians are easily caught out by searching for contentment in the wrong places.



Invest Your Disappointments

Paul Mallard

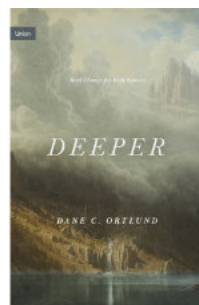
Throughout this book, Paul Mallard compels us to face up to life in this fallen world with all its disappointments, but doesn't leave us there. He directs us to the treasure trove of God's grace and

shows us how God comforts and restores us.

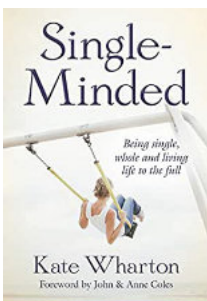
Deeper

Dane Ortlund

In this book Dane Ortlund helps Christians consider how they grow, not by doing more but by going deeper in gospel truth and fixing their eyes on Jesus.



SINGLENESS



Single-Minded: Being single, whole and living life to the full

Kate Wharton

Kate considers the challenges facing singles, addressing the issues of being complete without an "other half", staying pure... and dealing with pressures from both church and society.

Seven Myths about Singleness

Sam Allberry

A read that highlights singleness as an exciting alternative to marriage. Singleness opens up doors to love God and love people more. Those who are single are assured that they are not alone - Jesus has already walked this path and the gospel is good news for everyone whether single or married.

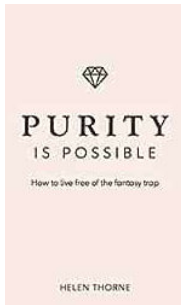


PORN & TECH

Purity is Possible: How to live free of the fantasy trap

Helen Thorne

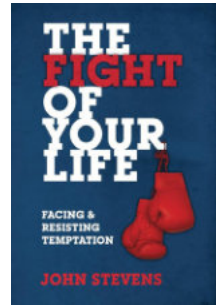
In this book, Helen Thorne writes with hope about how Christian women in particular struggle with fantasy and porn. She shows how purity is better and more satisfying than fantasy, and that it is possible for every woman.



The Fight of your life: Facing & Resisting Temptation

John Stevens

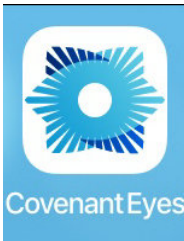
A thorough consideration of temptation - both theological and practical - with plenty of references to sexuality and same-sex attraction in particular.



Covenant Eyes

www.covenanteyes.com

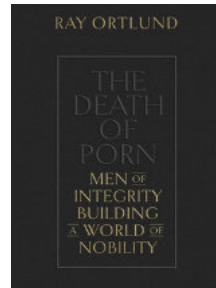
Covenant Eyes is a subscription service, developed to help Christians combat the temptation to watch pornography online. The software monitors online activity, blocks unsuitable websites and sends reports to a trusted accountability partner.



The Death of Porn

Ray Ortlund

A shocking look at the damage done by the perpetrators of the 'industry' and those they employ, as well as to the users: *'It will give hope to men who have been misled by porn into devaluing themselves and others.'* Ortlund writes six personal letters, as from a father to his son. They are readable and pithy and contain helpful anecdotes and practical advice.



BLOGS

Think Theology

www.thinktheology.co.uk/blog

Think Theology started as a blog within the New Frontiers movement, but now is wider than that. Look out particularly for articles on same-sex attraction and transgender by Andrew Wilson or Andrew Bunt and articles on singleness by Jennie Pollock.



Psephizo

www.psephizo.com

Ian Paul's aim for his blog is to "post my own, original research, observations and reflections, often relating to study, teaching or ministry I am engaged in." He often writes on the topic of same-sex attraction and the church as a community in a stimulating and thought provoking way.





The Center for Faith, Sexuality and Gender

www.centerforfaith.com/blog

This blog is by the same organisation that produces the "Theology in the Raw" podcast and is overseen by Preston Sprinkle. As well as producing thoughtful and well-researched articles on sexuality and gender, this website includes some excellent free pastoral papers for both individuals and church leaders.

Equip

equipyourcommunity.org/blog

Equip is an American ministry led by Pieter Valk. The blog covers a wide variety of issues and aims to help churches become places where LGBT+ Christians can thrive while holding onto traditional biblical teaching.



PODCASTS

Ascend Higher Podcast

www.truefreedomtrust.co.uk/podcasts

This podcast picks an article from each edition of True Freedom Trust's Ascend Higher magazine and explores it with

the author in a more conversational and in-depth format.

Life on Side B

www.lifeonsideb.com/episodes

A podcast exploring the joys, beauty and challenges of living the traditional sexual ethic as LGBT+/same sex attracted Christians.



Living Out Podcast

www.livingout.org

Listen to the Living Out team interviewing a range of prominent Christians on matters to do with living godly lives while experiencing same-sex feelings.



Theology in the Raw

www.prestonsprinkle.com/theology-in-the-raw

Hosted by Preston Sprinkle, President of The Center for Faith, Sexuality and Gender in the US, this podcast takes a look at various theological issues, Christian ethics and current affairs. It frequently features thought-provoking episodes about sexuality and gender and includes guests from the US, UK and beyond.



LaurieKrieg

lauriekrieg.com/podcast

The purpose of the Hole in My Heart Podcast is to explore how the gospel is good news for everyone every day. The

trio and their guests seek to place the sexuality/gender conversation in the midst of other real-life stories of the practical, gritty good news of the gospel.



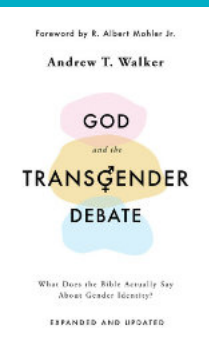
Your Other Brothers

www.yourotherbrothers.com

Your Other Brothers is a community of same-sex attracted men who "navigate faith, homosexuality and masculinity. Together." Don't get bogged down with the initial chat because with topics such as "Second Adolescence" and "Gay Representation in the Media", this podcast has depth, is enlightening and interactive. Women will enjoy it too!



GENDER & IDENTITY



God and the Transgender Debate - Second edition

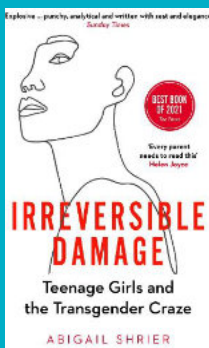
Andrew T Walker

A warm and pastoral book on the issue of transgender, with helpful principles for reaching out to those facing conflicts regarding their gender.

Embodied

Preston Sprinkle

A very clear, straightforward explanation of the trans issue and how those in the LGBTQ movement are seeking wholeness, happiness and acceptance in the wrong places.



Irreversible damage

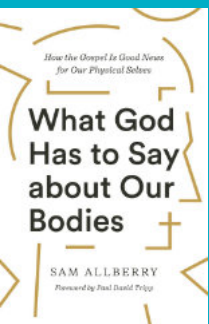
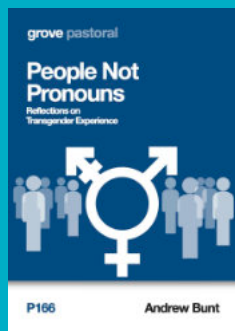
Abigail Shrier

A fascinating review of the current wave of adolescent girls in America suddenly identifying as non-binary and quickly progressing to trans. It is a secular book, but objective, sensible and balanced, broadly expressing a 'Side B' view.

People not Pronouns

Andrew Bunt

This short book gives an overview and a starting point for constructive discussion as we seek to live in a world with different values, and love, serve and relate to transgender people.



What God has to say about our bodies

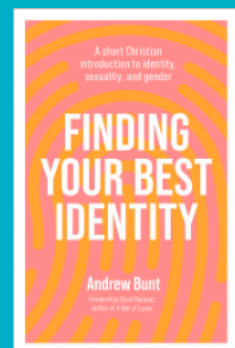
Sam Allberry

In this book, Sam Allberry explains that God has made our physical bodies as a central part of who we are. He also mentions gender, identity and sexuality with respect to the body. This is a thought-provoking book.

Finding your best Identity

Andrew Bunt

This book on identity is concise, clear and practical. Andrew Bunt applies his arguments particularly to sexuality and gender, but the principles he covers apply to us all.



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truefreedomtrust.co.uk/articles

